

Philippians Class Lesson 10

Philippians 4:1-7

1. Euodia and Syntyche were involved in a conflict with each other. Are disagreements stressful and draining to a church?
2. Seems that Paul asks an unnamed person (vs. 3) to mediate the dispute between these two women. How do you properly resolve such a conflict?
3. Can a spirit of rejoicing dissolve an anxious filled situation?
4. Verse 5 states that we must allow our "...gentleness be evident to all". How does gentleness create unity and reduce stress in a community?
5. How does your belief in the sure return of the Lord bring you peace?
6. How does prayer play a part in bringing God's peace? Why is it important to approach Him, not just with requests, but with thankfulness?

7. Name some “perfect storms” you have weathered. How did you make it through these challenging times?

8. Can Christians help to reduce anxiety? What part does God play?

9. What does Paul mean when he says, “the peace of God” (Vs. 7)?

10. How is the peace of God different from other kinds of peace?

11. Of all the topics Paul mentions here – resolving conflicts with others, rejoicing, showing gentleness, remembering the return of the Lord, praying about situations) – which would bring the greatest peace in your life?